

DEERING RESIDENTS

A MESSAGE FROM YOUR EMERGENCY MANAGEMENT TEAM

Although there are currently NO KNOWN CASES of Corona Virus in Deering, we are sending this message out to inform you about ways to help stay healthy.

Please sign up for emergency notifications from the State and local officials at ReadyNH.gov on the internet, and click on "sign up for emergency alerts" located on the right side of the page.

If you feel ill, stay home, self isolate, and call your physician for an opinion. Keep as much distance as possible between yourself and other household members.

If you have a cough, cough into a tissue and dispose of it to avoid contaminating the area around you.

Wash your hands often, it's your best defense. If you cannot wash them, use a sanitizer that is at least 60% alcohol.

Remember that taking precautions protects both ourselves and those around us. Try to keep a space of 6 feet away from others.

Seniors and anyone who already has a medical condition that weakens their immune system need to be especially cautious. If you go to visit people in these categories, limit your visits and use extra care when you do.

The Center for Disease Control (CDC) does not recommend use of face masks if you are not ill unless you are in close contact with someone who is.

There are sanitizing gel dispensers now in the Town Office and Library, we ask that you use them as you enter.

For important timely information: **Take Action. Be Safe.**

Go to: **ReadyNH.gov**

IS YOUR LIFE DISASTER PROOF? READY FOR MORE...



TAKE ACTION. BE SAFE.



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Welcome to ReadyNH.gov, New Hampshire's official source for information during state emergencies.

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At ReadyNH.gov you can stay informed with the latest safety information using Homeland Security and Emergency Management's (HSEM's) [Twitter](#) and [Facebook](#) feeds, know of dangers in your area using [NH Alerts](#), and [learn what to do before, during and after a disaster](#), including completing [emergency contact cards](#), find out what you should have in your [emergency kit](#), and complete a [family emergency plan](#).

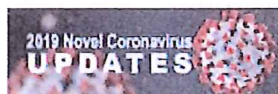
Take Action, Be Safe! Immediately:

- [Sign up for Emergency Alerts](#)
- [Emergency Contacts Card](#)
- [Emergency Kit](#)
- [Family Emergency Plan](#)

Be Informed:

[Learn what to do Before, During, and After A Disaster](#)

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